



SA POLICE LEGACY NEWSLETTER

JANUARY 2024



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The SA Police Legacy Board

President:

Sergeant Jodi-Lee Black

Vice-President:

Glenn Thomson (Retired Police Officer)

Board Members:

Costa Anastasiou

Police Credit Union Representative

Peter Graham

Elected (Retired Police Officer)

Matthew Nairn

Elected (Retired Police Officer)

Tom Nyenhuis

Elected (Retired Police Officer)

Peter Shanahan

Appointed

Senior Constable Julian Snowden

Police Association of South Australia Representative

Inspector Kellie Watkins

Commissioner's Representative

Mark Weaver

Elected (Retired Police Officer)

Mark Willing

Elected (Retired Police Officer)

Company Secretary

Karen Cucchiarelli

Editor: Karen Cucchiarelli

Publisher: Police Credit Union

PRESIDENT'S UPDATE

It was a sorrowful end to 2023 with the incident at Senior involving Brevet Sergeant Jason Doig, Sergeant Michael Hutchinson and Constable Rebekah Cass which sadly resulted in Jason losing his life. As always, we reached out to Jason's family to offer support and discuss an appropriate way to commemorate his life and achievements. We also offered support and well wishes to Michael and Rebekah for their recovery.

The tragic loss of Charlie Stevens the following day also devastated the community. Commissioner Stevens is our Patron and a staunch supporter of SA Police Legacy. As we move into the new year, we continue to offer him and his family our deepest sympathy and hope their grief becomes a little easier with time.

In 2023, we continued our fundraising efforts with Blue Donut Day which proved to be a resounding success. We were extremely fortunate to have 17 independent bakeries involved in the initiative around the state and Drakes Supermarkets also took part, stocking blue donuts in all their stores. A big thank you goes out to everyone involved. We hope they are all keen to join us again. Each year is getting bigger so please nag your local bakery to take part! Blue Donut Day has been so well received it has gained the attention of Police Legacies in other states- dare I hope that it goes national?!

In other fundraising news, the Triple 0 Charity Ball was held at the Adelaide Convention Centre on 9 December and was another huge success. Thanks again to those who took part in the Wall to Wall ride in September, we were privileged to receive a significant donation from the event.

We are now a few months into our payroll donation increase and I am happy to say that it has been largely embraced by our membership. This is exciting as we are keen to expand our services to members, and it will give us the means to get to work on this straight away. We have had a large increase in grant applications, and I am proud to say that last financial year we paid just over \$140,000 to assist our members in varying ways – something we hope to continue to do for years to come.

Our young legatees had some great catch ups last year; there were craft afternoons, bowling, and activities with the kids from Legacy Australia. Our police legatees enjoyed a Christmas catch up with carols performed by their very own choir, and many expressed their anticipation at what activities are in store for them in 2024.

The SA Police Legacy AGM was held in November, and I am very happy and honoured to return as President for another 12 months, with Glenn Thompson as Vice President. Glenn and I are equally passionate about SA Police Legacy, and we will continue to work hard to bring contemporary services to the members, backed by our wonderful Board of Directors and of course, our superb staff of Karen, Terella, Bernie and Nadine.

This year is the 35th anniversary of SA Police Legacy and we are working on marking the occasion in an appropriate manner – more on that to come soon. What started out as a support group has grown exponentially; in the 12 years I have been involved there have been massive changes to fit our changing landscape.

I hope this year will bring happiness and joy to you and your families.

Take care,



President

THE BENEFITS OF GIVING

Nurturing ourselves when we are grieving is vital, and though we should ‘fit our own life jackets before helping others’, there are many benefits to giving to others, some of them surprising.

We all know it feels good to provide help and receive feedback about the difference we’ve made, but did you know giving can also have a positive effect on your mental and physical health?

Research has shown that giving time and/or money to others can help reduce blood pressure, combat stress and depression, reduce isolation, and even help you live longer! It can also help you find meaning and purpose in life, something that can be challenging after a significant bereavement. It can be a reason to get up in the morning, a welcome distraction, or way to give back to those who have helped you.

Our ‘Meet the Legatee’ Rosie (next page) has found volunteering with the SES personally valuable and helpful in her grief, and country legatee Raelene has found meaning in volunteering with



Probus and a local disability support service. After her husband passed away in 2021, having cared for him for some time, she knew she needed to become more involved in the community to tackle any feelings of isolation and avoid depression. Through volunteering, she has a new purpose and made new friends.

Many legatees regularly donate to charities, including SA Police Legacy, and the satisfaction they feel knowing they are helping others or giving back

to an organisation that supports their community, can help them make meaning from their own loss.

There are many organisations doing good within our community. Whether you donate or volunteer with them, or you choose to give informally, like walking a friend’s dog, grocery shopping for a senior relative or babysitting for someone who needs it, you are doing yourself and others a world of good.



AGM UPDATE

Our Annual General Meeting was held on Monday 20 November 2023. During this meeting re-elected board members were announced, and the membership is advised that Peter Graham, Tom Nyenhuis and Mark Willing were all successful in their re-nominations.

Thank you to everyone who nominated their interest and to the 350 members who took the time to vote. In the subsequent board meeting Jodi-Lee Black was re-elected as President and Glenn Thomson was re-elected as Vice President of the board. Congratulations on your re-appointment for the next 12 months.



SA POLICE LEGACY HONOUR ROLL

We remember those who have passed away since our last newsletter

Serving Members

Michael Osborne	14	August	2023
Grant Baker	21	October	2023
Karen Packer	28	October	2023
Jason Doig	16	November	2023
Simon Steer	16	November	2023

Retired Members

Paul Greathead	4	July	2023
Robert Thompson	4	July	2023
Dorothy Todd	13	July	2023
Roderick Hunter	24	July	2023
Barry Kappe	29	July	2023
Warwick Branwhite	30	July	2023
John Curgenyen	1	August	2023
Graham Johnston	14	August	2023
Barry Riddle	31	August	2023

Retired Members cont..

Christopher Boyce	5	September	2023
Gregory McCartney	10	September	2023
Rodney Jarrett	14	September	2023
Desmond Roberts	29	September	2023
Ronald Harris	19	October	2023
Raymond Lehmann	25	October	2023
Michele Smith	4	November	2023
Rodger Allen	28	November	2023

Police Legatees

Carole Brett	7	August	2023
Carolyn Knowles	11	September	2023
Ronda Burg	30	September	2023
Maureen McLaglen	3	October	2023
Jean Ellis	25	October	2023
Judy Huffa	27	November	2023

NEW POLICE LEGATEE SUPPORT GROUP

All police legatees are warmly invited to our new quarterly support group hosted by SA Police Legacy Liaison Officer, Terella. The group will provide an opportunity for guided conversations on relevant topics as well as casual conversations in a non-judgemental, caring environment with people who support and understand the needs of police legatees.

Please join us at SA Police Legacy- 286 Gilbert Street, Adelaide on:

- Monday 5 February
- Monday 6 May

For more information or to RSVP call us on 08 8232 5513.

MEET THE LEGATEE ROSIE

Could you tell us about your family and how you came to be involved with SA Police Legacy?

My children, Jack (26) and Georgia (24) lost their father, my husband just on three years ago. He was a SAPOL member for over 30 years.

How has SA Police Legacy been able to help you?

Andrew ('Bolly' to his friends and colleagues) was diagnosed with cancer 14 months before he passed away. SA Police Legacy has been there to support us throughout our journey and especially now that he has left us. Just having someone reach out and be there has been an enormous thing for us. Whilst you never want anyone else to go through losing someone so close, it's comforting to know there are others who understand what you've gone through (including from the police perspective), the social events are great to look forward to, like the Triple 0 Ball, lunches and lawn bowls.

How do you remember Andrew in your family now?

Andrew is still very much part of our family, not a day goes by without us talking about him, wondering what he might say or think about things that have happened. We try to remember the good times we shared and the funny things he did. We kind of include him in things we do so he remains with us.

Do you have any words of advice or encouragement for someone grieving the loss of a loved one?

I guess when he passed, I knew it was not just us who lost him, but also his friends and colleagues as well.



I remember someone saying, let your family and friends help when they ask, because they are suffering the loss too. It's not easy and everyone's journey is different, I've been fortunate to have some amazing people around me, friends, family, my and Andrew's colleagues, and Terella of course. Knowing my children will eventually move on with their lives (they chose to stay living at home so we could support each other) I needed something outside of my normal routine - something new and challenging to focus on and look forward to. My occupation isn't something that gives back to the community particularly, and I always admired what Andrew was able to do. I also missed our outdoor adventures, like camping, working around the house and yard and just doing stuff together. I've always tried to do a volunteer role somewhere but it's usually office based.

One day an ad popped up on Facebook about an information session for volunteering with the SES, so I thought I'd go and listen, not expecting much but it turned out to be one of the best decisions I've made in the last couple of years.

It's been good to have a new group of people to be around who are so positive and encouraging and so willing to give their time and experience to help others and who weren't part of the emotional roller-coaster - and a place where I can just be me. It's been such a help dealing with what has happened to be able to give back and be part of the community, plus the taskings, training and courses keep me busy. It's also good to have something different to talk to our friends about - I know sometimes the memories are hard for all of us. Plus the skills I learnt in chainsaws and equipment, the training like climbing onto roofs with safety systems, the days out for community events, and being able to help people caught out in things like storms, has helped fill the void and given me meaning. And orange is my favourite colour! Whilst it's been hard to not have Andrew to tell my SES adventures to and I often wonder what he would think, my advice is to find something that makes you feel good about yourself and gives you something to look forward to.

Thank you

Thank you to our membership for their overwhelming support following the recent rise in payroll deductions. Your contributions will help us continue to support your blue family now and into the future, and we are so grateful for your support!



PARTNERSHIP AGREEMENT WITH POLICE CREDIT UNION BRINGS JOY TO POLICE AND THEIR FAMILIES

Amidst the twinkling lights and festive cheer, there was an extra sparkle at Christmas as Police Credit Union proudly announced its Major Sponsor support of SA Police Legacy

The three-year formalised agreement with the not-for-profit charity builds on a shared support of South Australia Police officers and their loved ones.

CEO of Police Credit Union, Mr Costa Anastasiou, said the organisation has been a long-standing supporter of SA Police Legacy and wanted to reaffirm its commitment to those who serve and protect the South Australian community through a formal partnership.

"Our bond with police is integral to our DNA and our assistance directly contributes to sustaining vital programs and initiatives championed by SA Police Legacy that enhance the lives and provides crucial support to police officers and their families," Mr Anastasiou said.

"In the spirit of the season, our partnership opens up a range of exclusive award-winning benefits and discounts for SA Police Legacy staff and legatees to help

make their dreams of home ownership come true, purchase a car, enjoy a well-deserved holiday or make some other life goal become reality," he said.

Karen Cucchiarelli, Manager of SA Police Legacy, shared in the joy of this formalised alliance and its impact on the broader policing community.

"This partnership embodies our shared values and commitment to creating a lasting positive impact. As the holiday season approaches, this allows us to alleviate some of the economic pressures felt by many of our legatees and families by funding Christmas gifts," she said.

Beyond this goodwill gesture, Police Credit Union's commitment includes offering marketing and graphic design support and as a major sponsor at the not-for-profit's annual quiz night and other crucial fundraising events.

committed to building enhanced capability in the delivery of both traditional face to face branch banking and local call centres, and innovative, convenient and secure digital architecture.

Supporting better communities and being Certified carbon-neutral, represents an intrinsic pillar of Police Credit Union's corporate strategy. A strong sense of corporate social responsibility spans initiatives both large and small, including a

About Police Credit Union

Formed in 1970, Police Credit Union is proudly South Australian based and headquartered, boasting a 92.7% Customer Satisfaction Rating, an Employee Engagement result of 92.46%, total assets exceeding \$1.3 billion, and delivering Better Banking services to over 40,600 customers.

As the most recognised credit union brand in South Australia, Police Credit Union is firmly



SA Police Legatees enjoy Christmas gifts, donated by Police Credit Union.

SA Police Legacy is entirely funded through the generosity of the community, and long-standing partnerships allows the organisation to continue providing a range of valuable services, including financial assistance for children after a parent passes away, social and emotional support for those bereaved, and easing the burden on police officers facing serious illness or injury.

Today's announcement builds on sponsorship announcements of the CFS Foundation and SA SES Volunteers' Association, highlighting an ongoing commitment of Police Credit Union to support emergency services, the healthcare sector and a range of other community-based organisations.

long-standing partnership with the Police Association of South Australia, NT Police Association, Major Sponsorship of the CFS Foundation, SA SES Volunteers' Association, SA Police Legacy, Adelaide Football League, and the Hills Football League, representing but a few examples of the organisation's community investment throughout its over 53-year history.

Police Credit Union has helped thousands of South Australians and Territorians achieve

NEW PARTNERSHIP SUPPORTS HEALTHY WELLBEING

SA Police Legacy is proud to announce Police Health have partnered with us to help fund our Wellbeing Grant. This new partnership will help us provide several \$500 grants per calendar year to young legatees.

Young legatees are the children (aged up to 18) of police officers who have experienced the loss of a parent. The grant is designed to support their positive wellbeing and gives them the opportunity to explore and enjoy their interests and hobbies.

The grant started in 2017 thanks to a single donation from South Australian children's charity, Cops for Kids and has so far provided 143 grants to legatees, including a record high 32 this year. It helps young legatees pursue health and wellbeing activities including Sports, Dance, Technology, Art, Music, and more.

A shining example is grant recipient Tom, who has been a young legatee since 2016. Tom used the grant to support his passion for running by purchasing running shoes and shirts to support his competitions — winning state champion for under 20's men 5000m, finishing second for 1500m, and competing in both of these events at the national level.

Tom said he is forever thankful for the grant's support. "Running is a very social sport which is something I really enjoy about it," Tom said. "My passion for running is built around bettering myself, every time I lose a race or don't have the best running session it only makes me hungry to be faster."

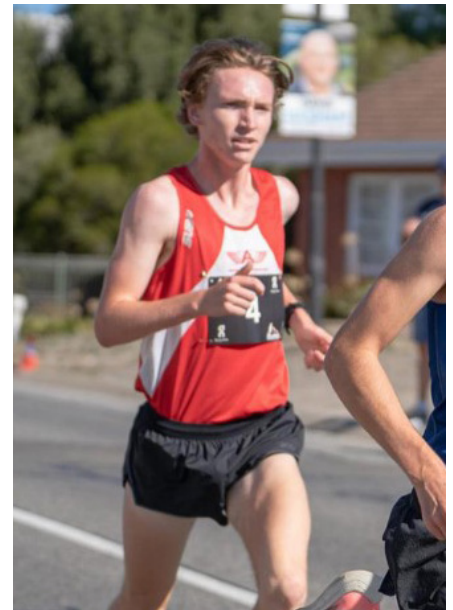
SA Police Legacy President and South Australia Police Sergeant Jodi-Lee Black said she is very thankful for Police Health's help. "The Wellbeing Grant by Police Health is an important part of helping our young legatees," Jodi-Lee said. "Through participation in hobbies, they can develop friendship and connections which helps improve their wellbeing."

"We are very appreciative of Police Health's support, and we believe this partnership demonstrates the two organisations' shared values."

Police Health Chief Executive Officer, Scott Williams, said it's a special moment for Police Health. "Our vision is to create a healthier future together with our members," Scott said.

"The partnership with SA Police Legacy aligns with our vision and strategy of supporting the health and wellbeing of our members and their families."

SA Police Legacy has been supporting South Australian police families since 1989. Over the years our services have evolved and the charity now supports serving police officers who are seriously injured or unwell as well as families of police officers who have passed away.



Since 1989, over \$3.1million has been paid to police families via education and personal development grants, driving lessons, hosted social outings and other financial assistance such as will updates.

Police Health is the not-for-profit, member based, private health insurance fund that has stood behind the policing community for over 85 years by providing quality, tailored health cover they can trust.

The fund also extends to the emergency services community, through its partner brand, Emergency Services Health.

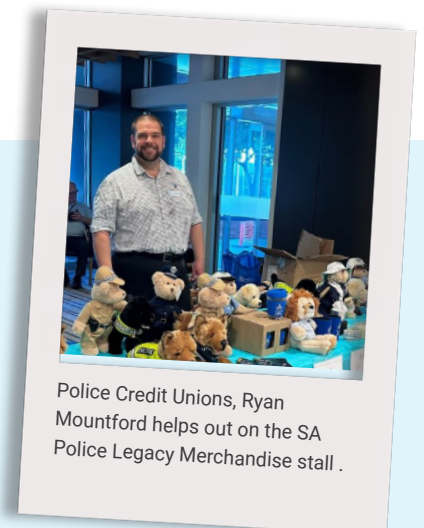


their financial goals and aspirations, with competitive and high value products and services you can bank on.

The multi award-winning, values-driven, Member-owned organisation offers a full suite of market leading loan and investment products, 24/7 Online and App banking, Fast Payments, Apple Pay, Google Pay, and Samsung Pay, and branches across SA and NT.

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FUNDRAISING UPDATE

Fundraisers and donations are vital for us to ensure police families can receive the support they need. It is with great pride we thank our membership for their acceptance and understanding of the minimum donation increase we recently requested. This increase was imperative to ensure the future of our services and support as claims have increased exponentially over the past 24 months.

Donations make up the majority of our income, however it is important to show the amount of fundraising that happens behind the scenes, often with the support and commitment of members.

As mentioned in the newsletter, we are proud to formalise sponsorships with Police Credit Union and Police Health. Working alongside leading organisations who are part of the wider police community is a key deliverable of our strategic plan and we are very grateful for their generous ongoing support.

Our biggest fundraisers during the 2022/23 financial year were the Triple 0 Charity Ball and Wall to Wall Ride for Remembrance. Both events were fantastic with each raising over \$20,000.

The Triple 0 Charity Ball continues to bring together emergency services as a way to thank them for their dedication and bravery each and every day. If you haven't yet been to this event then please consider it this year; it will return to Adelaide Oval on 30 November 2024.

Wall to Wall is a member-lead event and is close to our hearts as it pays tribute to the lives lost in policing nationwide. This year over 70 riders rode from the South Australia Police Wall of Remembrance (Taperoo), over four days through regional towns, to the National Wall of Remembrance (Canberra).

Our thanks goes to the Wall to Wall committee for their tremendous support and we're pleased to announce the money

raised will be used towards education grants for our young legatees.

Did you hear about Blue Donut Day last September? We were excited to have Drakes Supermarkets join the fundraiser, plus 17 bakeries throughout the state. This year we will move to Blue Donut Week so that everyone has a chance to buy a donut! \$1 from every blue donut sold during that week will be donated to SA Police Legacy. If you are a business or school that would like to get involved in this tasty initiative, please contact our office.

Our Quiz Night was another successful (and fun) night and raised a record amount for this event. We are keen to keep the fun going and are looking for a location that allows us to expand our numbers. If you would like to come along, please ensure you keep an eye on our socials for further information and put Friday 17 May 2024 into your diaries.

Thank you again to our donors, sponsors and fundraisers!



FUNDRAISING FOR SA POLICE LEGACY

If you would like to help by fundraising for SA Police Legacy please contact us at info@policelegacysa.org.au



MEET YOUNG LEGATEE HARVEY WARREN

Harvey Warren is a friendly and clever eight-year-old who loves playing soccer and Playstation, and hanging out with his five-year-old sister, April, and his dog Archie. Harvey has been part of the SA Police Legacy family for nearly two years and during this time he has made new friendships and had a lot of fun with new friends at our social events.



Can you tell us about your family and how you came to be involved with SA Police Legacy?

In my family there is my mum Bec and my sister April. There is also my dad Ben. Dad passed away in February 2022. My dad was a police officer with South Australia Police. I am proud of my dad and the people he helped. We also have a German shepherd called Archie.

How has SA Police Legacy supported you?

SA Police Legacy have supported me by creating a safe place to meet other kids like me. Each year I receive money for my birthday and Christmas. I have been able to buy new soccer boots and a new Playstation game with the money. SA Police Legacy gifted me my first soccer ball!

Can you tell us about school and what career you think you would like to pursue when you're older?

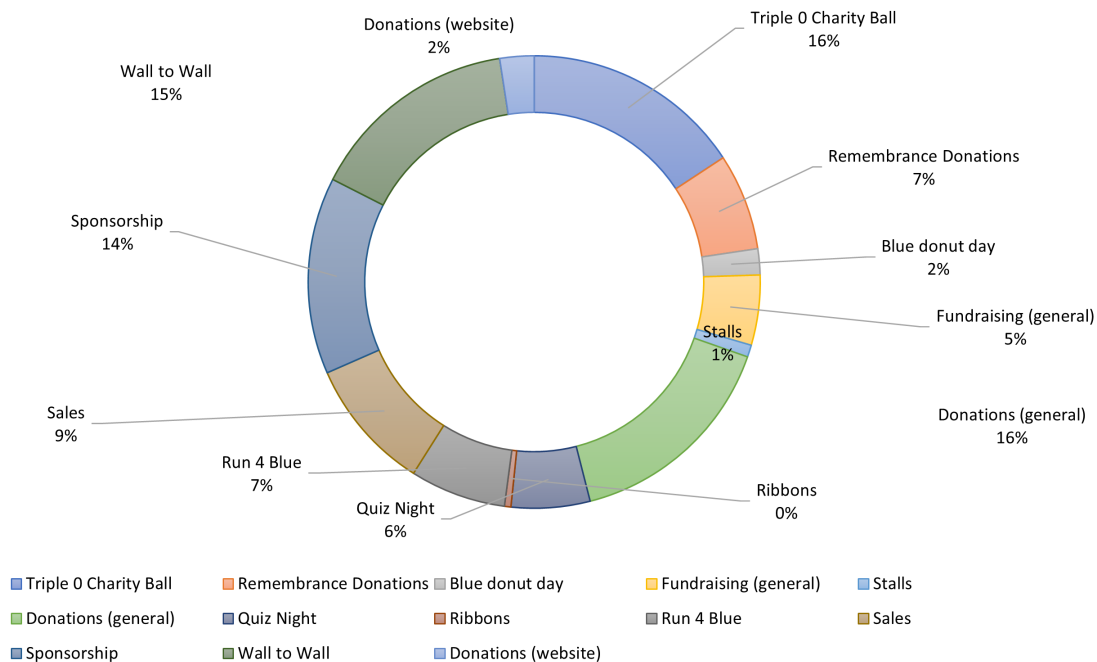
This year I will be in year 4 at school. I enjoy maths and reading. I spend most of recess and lunch times at school playing soccer. I am working on my skills so I can become a professional soccer player when I grow up. I would also like to become a police officer.

What do you enjoy about being part of the SA Police Legacy community?

I really enjoy the SA Police Legacy catch ups and making new friends. We have lots of fun and laugh lots. I have really liked going to Inflatable World, Bowling and Base Camp Ninja course.

OUR FUNDRAISING INCOME

FUNDS RAISED FROM ACTIVITIES AND EVENTS JANUARY TO NOVEMBER 2023





YOUNG LEGATEE CHRISTMAS PARTY

In November we held the young legatee Christmas party. Many of our young families attended the event held at Mega Fast Karts. Parents and kids had a great time on the dodgems, arcade games, laser tag and the go karting. SA Police Legacy's Ambassador Rob was on hand to meet the families, give out presents donated by Police Credit Union, and drive the go karts so our younger kids could have a ride.



PRE ORDER NOW! LIMITED EDITION

The Holden Commodore ZB - SA Police Traffic Patrol model car is live on our website for pre-order!

This 1:43 scale resin model car is a numbered collector's item and yours for only \$148. With only 300 scheduled for production and delivery due in April 2024, this model car comes mounted and boxed, including a Certificate of Authenticity.

Thank you to Signal 1 Model Cars for this partnership.

Order yours today- policelegacysa.org.au/shop

OUR LEGATEE EVENTS

Over the last six months of 2023, we were lucky enough to hold several events for police legatees, including regional lunches in Mount Barker, Lyndoch and Port Elliot, high tea in Hahndorf, National Police Remembrance Day lunch, a bowling event for legatees aged under 65, and our Christmas lunch.

Thanks to legatees Alice, Barb, Bev, Laurel and Shirley for their lively singing in our inaugural carols performance at the lunch. You really brought the Christmas cheer!

Some of our legatees also dressed up and joined us at the Triple 0 Charity Ball in December where a fun night was had by all.



IONIAN CLUB VISIT

On 22 November, Liaison Officer Terella was invited to visit women’s friendship group, The Adelaide Ionian Club, to talk about our services and support. President, Sally Hancock described SA Police Legacy as “an enormously valuable and important organisation” and the group was impressed to hear about the work we do. If you know an organisation who would like a presentation about the support we offer to the police community, let us know.





CRUISING
AUSTRALIA

SA Police Legacy have teamed up with Cruising Australia to offer \$100 cashback on any new cruise booking. Simply mention SA Police Legacy at time of booking.

*Terms and conditions apply.





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SOUTH AUSTRALIA POLICE
KEEPING SA SAFE



Government
of South Australia



SA POLICE LEGACY

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