



SA POLICE LEGACY NEWSLETTER

JULY 2023



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IN THIS ISSUE...

- 4 Police Cadets and SA Police Legacy
- 5 Bequests
- 6 Tax Time Tips and ATO Focus Areas
- 7 Fundraising Update
- 10 Young Legatees

The SA Police Legacy Board

President:

Sergeant Jodi-Lee Black

Vice-President:

Glenn Thomson (Retired Police Officer)

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Police Credit Union Representative

Peter Graham

Elected (Retired Police Officer)

Chief Inspector Kellie Watkins

Commissioner's Representative

Matthew Nairn

Elected (Retired Police Officer)

Tom Nyenhuis

Elected (Retired Police Officer)

Peter Shanahan

Appointed

Senior Constable Julian Snowden

Police Association of South Australia Representative

Mark Weaver

Elected (Retired Police Officer)

Mark Willing

Elected (Retired Police Officer)

Company Secretary

Karen Cucchiarelli

Editor: Karen Cucchiarelli

Publisher: Police Credit Union

PRESIDENT'S UPDATE

With the first few months of presidency under my belt, I can tell you what an honour it is to hold this position. SA Police Legacy has been a passion of mine for some time and to be able to help shape its future is something of which I am immensely proud.

I am incredibly grateful to work with such a strong team — Karen, Bernie, Terella and Nadine who always give 110% every day and keep the wheels from falling off. I would also like to thank my Vice President, Glenn, and the members of the board for their tireless efforts on all things SA Police Legacy.

The last few months have continued to test our policing community and got a little too close to home with the Crystal Brook incident in May involving Brevet Sergeants Ian Todd and Jordan Allely. The incident impacted not only their lives but those of their colleagues, family and friends and we offer them our full support as they continue their recovery in very trying circumstances. We also remember Constable Anthony Woods from WA Police who has passed away recently in Perth. All extraordinary people doing their jobs, assisting their communities.

SA Police Legacy has been facing big challenges with the ever-increasing call for our services and as a result have created sub committees within the board to come up with new ideas on how to meet these growing needs. We made a conscious decision not to call for an increase in member payroll contributions during COVID times, however new members are now paying \$5 per fortnight (with many opting to contribute more), so it is time we start to encourage our existing membership to match this amount.

The majority of contributing police officers are donating \$2.50 per fortnight; however the reality is that amount no longer covers the cost of our services and we are now appealing to everyone who donates (via payroll, their pension, bank transfer or web donations) to make a small increase. A recent campaign asking members to voluntarily increase their contributions gained some increases and hopefully members have noticed our posters around their workplace.

We are also calling on the 30% who are not financial members to reconsider their position, perhaps think of it as buying a mate (who is struggling) a coffee once a fortnight. Mates helping mates. We really hope you never need our services, but reality is that it's possible you or someone you work with will.

Our services have benefited countless members and families in our 34 years, and the increased demand highlights the need for our services in the future. Talk about this with your workmates and friends, you will be hard pressed to not find someone who has benefited from your contributions to SA Police Legacy. Let's help even more people, we can't spend what we don't have.

Finally, we are reviewing our communication strategy and remain focused on ensuring our work practices leave a positive impact on the environment. As a result, we will be making changes to the size and frequency of our newsletter, with a view to increase our communication in alternative ways. Stay tuned for further updates.

Take care,



President

FINDING LOVE AGAIN AFTER LOSS

September 30, 2017 – I assume any Adelaide Crows supporters remember that infamous day, Grand Final Day, when all the hopes and dreams of an AFL premiership faded quickly. We remember the Killers fantastic performance pre-game and me trotting off to work at quarter time as a patrol Sergeant at Gawler.

From that point on, that day was one of devastation, loss and sadness. That day I became a widower and my two children Bailey (then 9) and Leia (then 6) lost their Mum, my wife of 11 years from an aneurysm.

Policing was a way of life for Danielle and our small family. We'd worked opposite shifts the day prior, passing like ships in the night. That day rocked the foundations of everything we were and everything we believed in. Our world changed beyond comprehension. Everything that was stable and consistent suddenly became unstable and inconsistent and a grey cloudy fog drifted down into our lives. There are no words to explain the ordeal, everything seemed surreal and amplified the severity of the situation. Life as we knew it was done. Bang, crash, boom!

Not really what I expected as I drove to work earlier that day. The grief process was one of the most difficult things that anyone could experience. It's an incomprehensible paradigm. I'd never thought of getting remarried, moving on, always thought marriage was a 'one time deal'. Being left alone with 2 kids at 41 wasn't really part of my life plans or how I thought my life was mapped out.

Time, they say heals, it doesn't. It changes things. The struggle after one's life collapses is real. Knowing what you want or daring to dream again is confronting. I made bold statements that I never wanted to get married again, I didn't want to take on someone else's kids – there was no blended bunch for me.

After a stint on the single scene during COVID (what great timing!) I met Tash, in July 2021. We talked for hours on the phone, lost sleep and with some amazing aligning of stars it seemed that we were always meant to be. Best friends that had never met! We had even lived in the same small country town of Angaston at the same time in our 'previous' lives but were oblivious to each other's existence.

With Tash came the creation of our almost 'blended Brady Bunch'. Tash has 4 children, Rory 8, Savannah 10, Charlize 16 and Jasmine 19 who joined Leia 12 and Bailey 14. A second chance at life was not what I ever expected. In January 2022 I proposed to Tash, thankfully she said yes and we were married at Bungaree near Clare in October 2022.



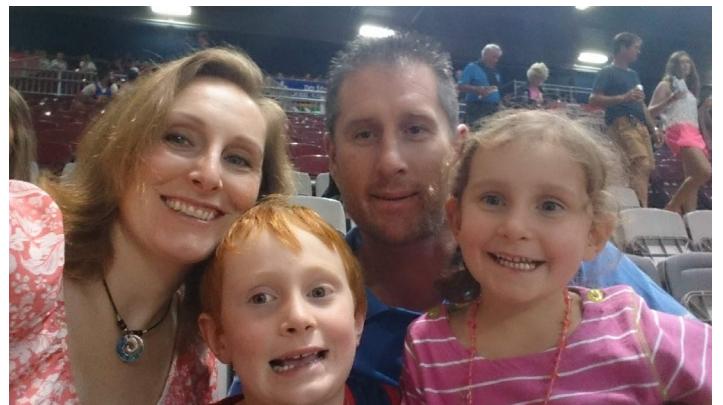
Matt, Tash and their 'blended Brady bunch'.

Finding a soul mate, albeit with both our heavily laden luggage of loss and grief is something quite special. As time passes, my late wife Danielle seems like a long-lost friend, time changes some things in strange ways. In some ways it is very bittersweet.

Our blended family has met with challenges, as it molds and naturally resists the change at times. It's a huge adjustment for everyone and things are very different.

Tash and I are both great communicators and thinkers, admittedly we probably overthink things at times too, which complicates us. There is probably nothing 'simple' about our union with bringing two broken families together. That being said, life is now complete and whilst providing more challenges that can be explored here, brings more happiness and excitement than a previous life alone did.

We dare to dream, have each other and our 'blended' bunch. Life is good and another chapter awaits. Life is certainly for the living and the future is something we look forward to enjoying together.



Matt's late wife Danni with Matt, Bailey and Leia.



SA POLICE LEGACY HONOUR ROLL

We remember those who have passed away since our last newsletter

Serving Members

Ashley Graham Deacon	4	April	2023
Darren Scott Mead	21	April	2023

Retired Members

Frank Charles Renfrey	15	December	2022
Francis Floyd Lang	22	December	2022
Charles Edward Dunn	27	December	2022
Denis George Edmonds	28	December	2022
John Maxwell Whitbread	10	January	2023
Paul White	15	January	2023
Bryan William Green	15	January	2023
Maxwell Graham Rutschack	30	January	2023
Nello Matricciani	31	January	2023
Kevin William Douglas	7	February	2023
John Alexander Robison	18	February	2023
Gary David Trezise	23	February	2023
Barry Ewen Presgrave	26	February	2023
Bruce William Brockelbank	27	February	2023
William Harold Betts	4	March	2023
Richard Scott Bubner	5	March	2023
Janet Francis Kemplay-Hill	18	March	2023
Brenton John Slape	22	March	2023

Retired Members cont..

Ian Roberts	24	March	2023
Barry John Albert Huffa	24	March	2023
Geoffrey Williams	28	March	2023
Harry Dickson	31	March	2023
Christopher Robin Voigt	6	April	2023
Richard Roberts	15	April	2023
Lynton Strange	18	April	2023
Brenton Craig Robinson	1	May	2023
Johannes Jacobus Baans	25	May	2023

Police Legatees

Kathleen Linnane	13	December	2022
Margaret Boughen	15	December	2022
Irene Newbery	20	December	2022
Betty Wright	26	February	2023
Margaret Brebner	9	March	2023
Phyllis Brinkley	19	March	2023
Mabel Harvey	7	April	2023
Margaret Harding	8	April	2023
Fay Davy	27	April	2023
Helen Guerin	24	May	2023

FUNDRAISING FOR SA POLICE LEGACY

If you would like to help by fundraising for SA Police Legacy please contact us at info@policelegacysa.org.au



POLICE CADETS AND SA POLICE LEGACY

Bernie Sahb, Liaison Officer Members & Young Legatees

SA Police Legacy's long relationship with our serving members starts early when they are cadets at the Police Academy.

SA Police Legacy has been fortunate enough to receive a regular spot within the cadet courses to present the support and services we provide for police officers and their families. Bernie Sahb, Liaison Officer for Members & Young Legatees, accompanied by a board director, a serving or retired member or a police legatee, talks about what we do and the effect our support can have on the police community particularly for those police officers and their families in times of bereavement and serious illness or injury.

In the past, serving member and police legatee Sam Brain has presented alongside her daughter Shanna. Sam's husband, serving member Michael Nasalik passed away in 2002 and Sam has continued to volunteer for SA Police Legacy in many ways including as a board director for many years.

In June 2023 we headed to the academy to visit attendees of courses 58, 59 and 60, where Chief Inspector Kellie Watkins and police legatee, Inspector Michaela Nash shared their personal stories of how SA Police Legacy has supported them or one of their colleagues when they needed it most.



Police legatee Sam and her daughter Shanna

The resources, service and support SA Police Legacy provides is mainly achieved through fundraising and the kind donations we receive. If you are a serving member please consider donating just \$5 per fortnight to SA Police Legacy through payroll deduction. Every small donation makes an enormous impact on the lives of our police community when they need it most.

ALREADY DONATING?

Check your payslip and if you are donating \$2.50 per fortnight, please consider increasing your payroll deduction to \$5 per fortnight.

You can update your donation amount via HR21.



Chief Inspector Kellie Watkins, Inspector Michaela Nash and Bernie Sahb with members of Cadet Course 58.



BEQUESTS

By remembering SA Police Legacy in your will you can help ensure the bereaved families of deceased police officers and those experiencing difficult times continue to receive vital financial and emotional support. Supporting SA Police Legacy with a bequest is a powerful way to help us support police families for years to come. Donations and bequests enable us to continue to provide valuable services, including financial assistance for children after a parent passes away, social and emotional support for those bereaved, and easing the burden on police officers facing serious illness or injury. Your gift – no matter how big or small – ensures someone is always there when police families need it most.

HOW TO INCLUDE US IN YOUR WILL

Before drafting your will, you need to consider what it is that you wish to provide to us. Most commonly bequeathed in wills are:

- A specific dollar amount
- The proceeds of a property that are to be used for the benefit of the organisation
- The residue of an estate.

Because your will is a legal document, we suggest you obtain independent legal advice from your solicitor. You may wish to consider the following wording:

“I wish to give, free of all estate duties and charges [the residue of my estate both real and personal OR the sum of \$XX (or property or shares)] to SA Police Legacy Incorporated ABN: 57 768 418 030, to be applied for their general charitable purposes and in respect of such bequest, I declare as follows: A general charitable intent shall apply. The receipt of the Chief Executive Officer, Treasurer or other proper officer shall be sufficient discharge to my executors and trustees. My executors and trustees shall not be obliged to see nor enquire into the application of money or assets, the subject of such legacy. If SA Police Legacy Inc. has ceased to exist or has changed its name or has amalgamated with another organisation, the gift shall not fail but my executors shall pay it to the organisation that they consider aligns closely with the objects that I intend to benefit.”

WHAT IS THE BEQUEST INTENDED FOR?

You may choose to:

- Leave us the bequest with our discretion as to how we best apply it under the terms of our current constitution
- Leave us the bequest for a particular purpose. For example, a specific amount to go towards education or for young legatee wellbeing. If you wish to provide a bequest for a particular purpose, you should advise us and we will do our very best to respect your wishes.

OUR LEGAL NAME

In any document which you or your solicitor drafts, including your bequest, the following legal name and address of our organisation is required:

SA Police Legacy Inc.
ABN: 57 768 418 030
286 Gilbert Street
Adelaide SA 5000

FOR MORE INFORMATION

Please contact SA Police Legacy on (08) 8232 5513 or info@policelegacysa.org.au



TAX TIME TIPS AND ATO FOCUS AREAS

By Accru Harris Orchard

With the tax year ending on 30 June, you're likely preparing to submit your individual tax return after 1 July. At Accru Harris Orchard, our accountants and advisers work with hundreds of tax return clients – and with a long-standing relationship with the SA Police Legacy, we thought we'd pass on some tips and share some ATO focus areas this year to help SA Police Legacy members prepare for tax time.

Focus areas for the ATO

The Australian Taxation Office (ATO) is focusing on several areas for individual tax returns in 2023. These include:

- **Cryptocurrency gains:** If you're investing in cryptocurrencies, be aware that the ATO is cracking down on taxpayers who aren't declaring their gains. With access to data from cryptocurrency exchanges, the ATO is using this information to identify taxpayers who may be under-reporting their income in this area.
- **Work-from-home deductions:** Are you claiming work-from-home deductions? The ATO has issued guidance on which expenses are and are not eligible, and it's reviewing tax returns carefully to ensure that taxpayers are complying with the rules and not claiming excessive expenses. Taxpayers can use the actual cost method or the revised fixed rate method of reporting when claiming deductions, but you must meet the eligibility and record-keeping requirements.
- **Rental income:** The ATO has announced a new data matching program that will obtain information from various financial institutions (including the big four banks: ANZ, Commonwealth, Westpac and NAB, as well as other providers and their subsidiaries) for the 2021–2022 to 2025–2026 income years. They will use this data to single out taxpayers who may be under-reporting rental income and will identify relevant cases for administrative action.
- **Capital Gains Tax (CGT):** If you sold or disposed of any assets such as stock shares, cryptocurrencies, managed investments, or properties between 1 July 2022 to 30 June 2023, you may owe capital gains tax. This is another area where the ATO has extensive data-matching capabilities and so can detect the sale of most CGT assets.
- **Record keeping:** The ATO requires taxpayers to keep records to support their tax claims, and it can issue penalties to taxpayers who do not comply with the record-keeping requirements in a wide range of areas.
- **Part-time gigs and 'side hustles':** With continued inflation, more and more people are finding ways to earn extra money outside of their primary jobs. Not everything qualifies as a true job, but if you're supplementing your income with an ongoing or regular 'side hustle' or 'gig' economy activity – which can include anything from food delivery to online content creation to home-based sales – you'll need to report it.



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FUNDRAISING UPDATE



Our fundraising events have been a huge success this financial year and we are extremely excited to announce we have already raised over **\$70,000** for SA Police Legacy.

Run4Blue

Run4Blue has once again proven to be a huge success with a whopping \$10,000 being raised for SA Police Legacy! What an amazing achievement! This is the highest amount the event has raised and it is all thanks to over 60 registered participants who played their part for a very worthy cause. Raising money like this makes all the difference and we are truly grateful for everyone's efforts.

Quiz Night

Our quiz night was held in May and we were back at the Adelaide Irish Club testing our brain power. Thank you to Police Credit Union who sponsored this event and also kindly donated a prize for our silent auction. We raised almost \$9,000 – again topping our records from previous quiz nights! Big shout out to the 140 participants who came along, it was a night filled with laughter and competitiveness.

Merchandise Stall

Recently we were at Police Headquarters running a merchandise stall and appreciated the support of Denise from Police Credit Union who elected to use her community volunteer day to help us out. The stall raised over \$1,800 for SA Police Legacy. Thank you to all South Australia Police employees and visitors who came by and said hello during the day. Your support is truly appreciated.



Emergency Services AFL Round

In June we were invited by the South Australian government to be a beneficiary for the fundraising surrounding the Emergency Services AFL round alongside the CFS Foundation and the Australian Professional Firefighters Foundation. We had a fun day chatting to those that stopped by and are particularly grateful to Police Minister Joe Szakacs MP who visited. Sales were boosted by the fact that our bears and dogs were wearing Adelaide Crows scarves that were made by the speedy hands of our President, Jodi-Lee Black and police legatee Sandra, thank you!

Meet our newest addition to our plush range...



SA POLICE LEGACY MERCHANDISE

Check out our range of products available at policelegacysa.org.au/shop
All proceeds go towards assisting SA Police Families during times of crisis.



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SPEEDY COP



DRUMMER



GOLDEN LABRADOR



BLACK LABRADOR



GERMAN SHEPHERD



Triple 0 Charity Ball is back again in 2023!

Join us for this year's Triple 0 Charity Ball, raising money for:

- SA Police Legacy
- Australian Professional Firefighters Foundation
- Country Fire Service Foundation
- Stafford Wulff Opportunity Scholarship for Paramedic Science

Triple 0 Charity Ball

6.30pm Saturday 9 December 2023

Adelaide Convention Centre

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[TRIPLE0CHARITYBALL.COM.AU](https://triple0charityball.com.au)

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Scammers may use your personal information to contact you by phone, text or email. NEVER click on links or provide personal or financial information to someone who contacts you out of the blue.

You can learn about potential scams and what to do if you think you are being scammed by heading to the Police Credit Union website: www.policecu.com.au/scams-and-warnings

Reporting Scams

You can report scams to Scamwatch and check the Australian Cyber Security Centre website for information about cyber security.

Protect Yourself

Learn how to protect yourself from scams by visiting scamwatch.gov.au



These handy scam aware tips are brought to you by...



RUN4BLUE THE NASHS' FUND-RAISING ADVENTURE

By police legatee and serving member Michaela Nash and son Ethan

I have donated to SA Police Legacy since joining SAPOL in 2002 which has always been a cause close to my heart. SA Police Legacy doesn't only help support families of police officers who have died, but also police officers facing significant health challenges and illness. This support is something we never think we will need or use, but I always felt humbled my donation was helping to support others.

Sadly, Ethan (12yo), Charlotte (10yo) and I became a part of the SA Police Legacy family in December 2021 and since that time they have provided amazing support including financial assistance to support the kids in their education and wellbeing activities. However, the most valued is the friendships we have developed with other families, many of which I know will be lifelong, and we enjoy the young legatee activities which allow us to gather regularly to catch up.

In May 2023, through Run4Blue and remembering Russ Nash (PD48644), Steve Anderson (PD72035) and Ben Warren (PD74880), we challenged ourselves to run/walk/ride a total of 195.559kms (representing the collation of their PD #'s) to raise much needed funds for SA Police Legacy.

Throughout the month, Ethan and I did multiple Park Runs (he beat me every time), walked the dog together and went on bike rides. When we were plagued by sickness and behind in our kms, Charlotte got involved and did a 5km Park Run as she said, "we were a team". I was so proud of her – she ran non-stop for 3kms and got a Personal Best time whilst also beating me! This challenge provided invaluable quality time together as well as positive effects for our mental and physical wellbeing.

Our initial goal was to raise \$200, but in the end we raised \$1100 for SA Police Legacy and we are thankful to everyone who supported us. I am so proud of both my kids who not only kept me motivated, but keep amazing me each day with their growth, maturity and determination to also achieve this goal. We look forward to next May and Running 4 Blue again!





OUR COMMUNITY NEWS AND EVENTS

David Roche Museum

On 7 March police legatees enjoyed lunch at the Lion Hotel, then had a fantastic experience visiting the David Roche Foundation House Museum and exhibition space to tour the incredible collection of unique artworks and furniture.

Tasmania

In March, 18 police legatees started their group tour around scenic Tasmania, led by our President Jodi-Lee. Starting in Hobart, our group visited MONA, the Salamanca Markets, and a day trip to historic Port Arthur. Next, they ventured up north to Devonport and took in the beautiful scenery around Cradle Mountain and the Gourmet Tasting Trail, while also taking the opportunity to catch up for morning tea with police legatee Margaret, who now lives in Tasmania.

Despite battling some typical windy and wet Tassie weather they managed to squeeze in so much each day and make the most of every spare minute. Thank you to Jodi-Lee who made sure everything stayed on track!

Capri Theatre

On 16 May a group of police legatees met at Gingers Café in Goodwood and enjoyed an early lunch together before walking down to the Capri Theatre to watch Book Club: The Next Chapter. They were lucky enough to have the Capri's 'Wurlitzer' Organ played for them before the movie and it was magnificent to see and hear.

Young legatees at the Adelaide Zoo

On 22 April, five of our young legatee families came together for a fun day at the Adelaide Zoo. Vice President Glenn Thomson, with grandkids in tow, and staff members Bernie and Nadine hosted the morning, welcomed the families at the adventure playground and shared morning tea. Fueled with coffee (parents) and sugar (kids) the families ventured out enjoying the beautiful sunshine to find their favourite animals. A special thank you to Adelaide Zoo who provided complimentary tickets for this event.

Wellbeing Grant, sponsored by Police Health

We are excited to announce that Police Health have kindly sponsored the Young Legatee Wellbeing Grant for the next three years, which ensures the longevity of this amazing support. Each year our young legatees (up to and including 18yo) receive the Wellbeing Grant – this is designed to support their positive wellbeing. The Wellbeing Grant is used for a range of activities ranging from sports, music lessons and equipment, art, dance, acting through to travel, technology, concerts and play equipment. The grant helps ease the financial pressure on the surviving parent and enables the children to pursue their passions.



Young legatee Sienna whose talented flute playing, booked her a spot playing with legendary jazz musician James Morrison.

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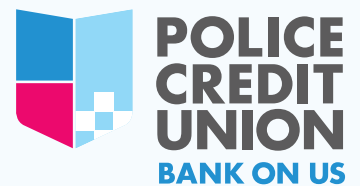
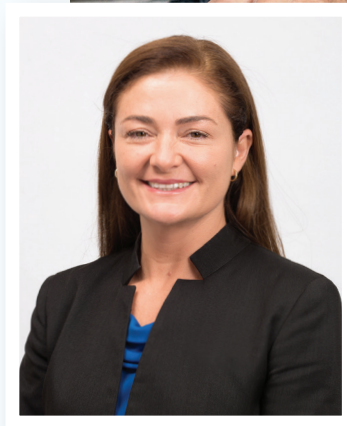
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SA POLICE LEGACY

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Monday 9am-3pm, Tues-Fri 9am-4pm

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