



# SA POLICE LEGACY **NEWSLETTER**

July 2021



# SA POLICE LEGACY NEWSLETTER



## PRESIDENT'S UPDATE

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### The SA Police Legacy Board

**President:**  
Senior Sergeant Mark Willing

**Vice-President:**  
Sergeant Jodi-Lee Black

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**Costa Anastasiou**  
Police Credit Union Representative

**Glenn Thomson**  
Elected (Retired Police Officer)

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Elected

**Inspector Kellie Hall**  
Commissioner's Representative

**Inspector Mark Walker-Roberts**  
Elected

**Senior Constable Julian Snowden**  
Police Association of South Australia Representative

**Brevet Sergeant Samanda Attard**  
Elected

**Superintendent Matthew Nairn**  
Elected

**Company Secretary**  
Karen Cucchiarelli

Hello everyone, I hope this edition of our newsletter finds you well. It's been a busy year so far, with a range of legatee and fundraising events, as well as providing ongoing support to our police families.

It was inspiring to watch the delighted faces of our young legatees as they were given the opportunity to get up close and personal with a police dog and sit on a police motorcycle at Mega Courts, in February. Such a great opportunity for them to share their stories and be united in their circumstances and experiences.

Once again, we held our fundraising quiz night in March. The event drew a large crowd, high spirits, storytelling, great food and was an excellent fundraiser. Whilst disappointed where my team placed on the leader board, I was heartened to know that the event is now a permanent fixture on the SA Police Legacy calendar. I encourage you to join us for the next Quiz Night at the Fullarton Community Centre on Friday 22<sup>nd</sup> of October.

The memories of those that have fallen are never forgotten and in April, I represented SA Police Legacy at the Police Anzac Service and Police RSL Memorial Unveiling Ceremony at the Pathway of Honour, Adelaide. The memorial erected by the Police RSL, honours police employees who lost their lives while serving during War and peacekeeping duties, and police employees who served or who are still serving in the Australian Defence Force or as Peacekeepers. The courage and resilience of those who have served inspires us all.

In May we saw an overwhelming response to the Run4Blue event with participants raising \$8,094 for Police Legacy. I would like to thank all participants for their energy and fundraising support.

In June, I joined over 40 legatees at the mid-year lunch. It was wonderful to be part of a day that provided opportunities for our legatees to make new friends in a supportive and caring environment. It also gives me great comfort to know our legatees enjoy the close relationship and commitment of our staff.

We are extremely appreciative of the loyalty of our police community enabling us to continue to provide support and assistance to police families — made possible by the generous ongoing contributions by serving and retired officers. We look forward to sharing the SA Police Legacy story with new cadets and trust they too will support us and the Police community.

The Police Legacy team remain focused and committed to supporting police families and continue to check in and offer support during difficult times. Terella, Bernie and Karen welcome new legatees with open hearts, ready to support them through the long road ahead. If you need help, or if you know somebody who does, please keep in touch. And if you're not connected with us on social media, perhaps now is the time.

Take Care,

President

## QUIZ NIGHT

Our most recent fundraising quiz night was held at the St Peters Town Hall on 26th March 2021 — hosted by volunteer Quiz master Andrew Stratford.

Over 100 guests put their brain power to the test with many winning a variety of fantastic prizes! The night kicked off with our new Police Legacy video, helping to remind everyone what the night was really about — raising money to support our police families.

It was a fun night that raised \$7,306 for SA Police Legacy, an outstanding effort. Our live auctions included a signed cricket bat, 5-night holiday and a framed, signed Port Power guernsey. We had over 20 silent auction prizes and as many raffle prizes. It was hard to leave empty handed!

A special thank you to everyone who donated, attended and volunteered on the night!



### SAVE THE DATE

If you couldn't make it to our last quiz night don't worry, our next quiz night is coming up!

**FRIDAY 22<sup>ND</sup> OCTOBER**  
**FULLARTON COMMUNITY CENTRE**

**Get ready to book your seat!**

## UPCOMING EVENTS

The below list of events are subject to change based on COVID-19 restrictions.

### YOUNG LEGATEES

Month	Event
July	Police Barracks event
September	Morialta Conservation Park
November	Christmas party

### LEGATEES

Month	Event
12-16 July	Flinders Ranges tour (fully booked)
20 August	Elder Hall lunchtime concert and afternoon tea
September	'Wall to Wall' Canberra / Blue Mountains tour
29 September	National Police Remembrance Day
October	Carrick Hill house and garden tour
5 December	Christmas lunch
April 2022	3 night Kangaroo Island tour

**Tour spots still available!**  
Call us to express your interest

### FUNDRAISING

Month	Event
25 August	Police HQ Stall – Father's Day
14 September	Wall to Wall Ride for Remembrance
22 October	Quiz Night, Fullarton Community Centre
27 November	Triple 0 Charity Ball, Adelaide Oval
2 December	Police Headquarters Stall - Christmas



# RUN4BLUE CHARITY RUN

Run4Blue is a national virtual race held annually in May that raises funds to support the families of fallen Police officers through Police Legacy. Getting involved is easy, and you don't have to be a police officer to participate. This year over \$8094 was raised for Police Legacy SA and below are the stories from some of the amazing participants from South Australia.

## TAHLIA'S STORY

My name is Tahlia Fellows and I decided to Run4Blue earlier this year in honour of Detective Sergeant Alison Bee who passed away in 2011.

In the lead up to the event, I was fortunate to have interesting conversations with others around mental health in the police force and the support systems that SA Police Legacy have put in place to support officers and their families during times of hardship.

I am very appreciative of SA Police Legacy's ongoing efforts to keep the legacy of serving and retired police officers alive whilst caring for SA Police families in a variety of circumstances, continuing to affect their wellbeing.

Run4Blue was a rewarding way to familiarise others with SA Police Legacy and allow them to be a part of my fundraising journey this year. Through registrations and donations made to my GoFundraise page, I raised \$1300, exceeding my target of \$700. I look forward to seeing this money reach its well-deserved home!



## ANGELA'S STORY

I'm a member of SA Rocks — a group dedicated to painting rocks and hiding them around South Australia to bring joy to those who find them and to see how far a rock will travel.

In this, my second year completing the Run4Blue Challenge I decided to add some 'rock fun' to my challenge and paint a range of police themed rocks — hiding them on my walks around Linear Park and drop ins at Holden Hill, Elizabeth and Port Pirie Police Stations.

Once found, we encourage the finder to take a picture of themselves with their find and post it on the SA Rock Facebook page.

During Run4Blue I've been lucky enough to receive many posts of rocks being found. To see the joy on children's faces holding a police rock makes it all worth it.

## COREY'S STORY

The event on April 22, 2020 on the Victorian Eastern Freeway will forever cast a heavy heart on all police members and their families. Four VICPOL officers were killed doing their job. This event was the sole catalyst for me to become further involved in Police Legacy and ultimately the Run4Blue initiative.

Through social media I became aware of the Run4Blue initiative and knew that it was something I needed to get involved with. My entire family signed up and we hit the track in 2020. Since then, running has become a regular activity for me, and I try to get a run in every day.

The Run4Blue event for 2021 threw a few curve balls my way – foolishly I had my feet lasered for tattoo removal, which resulted in 3 days of not wearing shoes, let alone running and the onset of cooler weather brought with it dreaded colds and viruses. Funnily enough the 2 dates that

I had the COVID jab resulted in some of my best running times – maybe that is one of the side effects??!!

Run4Blue has encouraged comradery amongst fellow police runners and afforded us the opportunity to reflect on fellow officers and their families who may have experienced tragedy. It has provided a platform for like-minded souls to reach beyond their personal goals in the pursuit of something bigger. During the Run4Blue month I continuously pushed myself out of my comfort zone, to go that bit further or faster. My grand tally at the conclusion of the event was 185km covered – 128km running and 57kms walking.



## MELISSA'S STORY

We first became involved with Run4Blue in 2020 following the deaths of four officers in Victoria. One of our friends had shared the challenge and we decided to give it a go. We were just beginning to make some changes in our health and fitness and it seemed the perfect fit to keep us accountable.

We signed up and committed to 100km, at the time we thought it would be difficult but a good challenge. We soon realised how much we were enjoying getting out and active especially during May when the weather is starting to get cooler and changing COVID restrictions meant some activities were limited. Our kids joined us on our weekend walks and mentioned a few times that they would like to do it next year. We managed to achieve our 100km and earned our medals. It was then the kids really wanted to get involved.

This year we signed up for 100km again and were very happy to have our children join in with their goal set to 40km. It was clear from the get-go that our competitive drive was strong and we just wanted to beat our total from the previous year. By the third weekend we were extremely proud of our kids achieving their 40km. We surprised ourselves and by the 28th May clocked our 200th kilometre together.

Regularly throughout our walking we have discussed the role of Police Legacy in our lives personally. We wanted our children to understand why they were doing the challenge. Our children know there are people there to help them should they need it.

Next year we are looking forward to once again being involved with Run4Blue, we are even looking to sign on for our dog. It's only fair, he accompanies us on a lot of those kilometres we've tracked.



## JD THE KANGAROO

I have taken part in Run4Blue for the last three years as I believe in the cause to support SA Police Legacy. Unfortunately, I was unable to participate in this year's Run4Blue as I normally would – due to health issues I'm experiencing as a result of my cancer diagnosis.

So JD the western grey kangaroo hopped in to my spot, pledging 5 kilometres. JD was rescued by SC1C Tiff Greig commonly known as the “Outback Cop” when he was seen (as just a young joey) hopping along the road last year in Cooltong. JD has been in our sanctuary ever since.

JD has loved doing Run4Blue and raising much needed funds for Police Legacy. He gets so excited when I open the gate for him, he runs around like a headless chook then when he is tired, he stands at my feet ready to be picked up for a hug and carried back to his yard.



Melissa and family

# MEET THE LEGATEE ROSEMARY GARRETT

As the wife of a police officer, I've had a very interesting and fulfilled life. Paul and I met in 1960 when he was in training at the Thebarton police barracks and I was a student nurse at Memorial Hospital. We were married in January 1964 and are the proud parents of three sons and grandparents of two granddaughters.

Over a period of 40 years, we spent time in Loxton –where our three sons were born, and Kangaroo Island – where the fish were “to die for”. Then in Naracoorte, I became involved in the community, playing sport, being a member in the local choir and anything else musical. As a Registered Nurse I was able find work in most of the country postings Paul had.

In 1977 Paul was promoted to 1<sup>st</sup> grade Sergeant and the family moved back to Adelaide, living in Port Noarlunga. Paul was stationed at Darlington and then in an administrative position in the city.

In 1980 Paul was promoted to Inspector and we returned to Darlington. Then in 1984 Paul was promoted again to Chief Inspector and we moved to the Riverland Division as Officer in Charge. We enjoyed our time in the Riverland and I often went with Paul when he visited the single man police stations to do audits. I spent time with the wives and gave them a listening ear to any problems they were having, being on their own when their husbands were away.

In 1989 Paul was promoted yet again to Superintendent and transferred to the South East division, living in Mt Gambier. Our time in Mt Gambier was without our boys who were by then all doing trades, so I did a refresher course and went to work at the hospital. We were invited to many civic functions



in both Berri and Mt Gambier and we continued to visit and support the single man station officers and their wives.

In 1997 Paul was transferred back to the city, relieving in several country positions before retiring in 2001, in Banksia Park.

Paul was a very loving and caring husband, respected by the people he worked with. He loved his family and loved to travel. He enjoyed planning our trips, both around Australia and overseas. I have wonderful memories of our life together; we were married for 55 years.

In 2013 Paul was diagnosed with Non-Hodgkin's Lymphoma and after 6 and a half years of radiotherapy and chemotherapy, struggling with his cancer he died in May 2019.

Since then I've had wonderful support from my church family, three sons and their families as well as from Police Legacy.

On Paul's birthday we light a candle for him and place his ashes in a prominent place on the table. The pain of grieving is still very real but the memories of our happy times together give me some comfort.

**If you would like to share your story, we'd love to hear from you. Please contact one of our Liaison Officers, Bernie or Terella.**

## SUPPORTING LEGATEES

By Terella Rosen, Liaison Officer (Legatees)

This year we have been fortunate to gather together for several outings, including our rescheduled Christmas events, a trip to Virginia Home and Garden, and the midyear lunch.

In May I ventured out of the metropolitan area to visit legatees in Mount Barker, Victor Harbor and Gawler for morning teas and home visits. It has been wonderful to catch up with everyone as restrictions have lifted and it has been lovely to see both new and familiar faces at our events.

I love to visit legatees in their homes and provide support to those who may need a friendly face while they are in hospital. Please let me know if you would like a visit!



## FEELING NERVOUS ABOUT ATTENDING YOUR FIRST LEGATEE EVENT?

It is understandable you might feel a bit apprehensive, but just like Irene (pictured at our legatee visit to Virginia Home and Garden) you may find it less daunting than you expect. Spending time with others who understand can be healing and sometimes wonderful friendships can grow.

We are here for you – let us know if you feel nervous and we will support you in any way we can to join us at an upcoming event.



## MEET YOUNG LEGATEE MEGHAN KEANE

**Meghan, can you tell us about your family and how you came to be involved with SA Police Legacy?**

My family have been involved with SA Police Legacy since my Dad, Michael, passed away from brain cancer in 2009. We were warmly welcomed into the Legacy family who supported us greatly during a time of great need.

**How has SA Police Legacy been able to support you?**

SA Police Legacy has connected me with other legatees through various social events which has given me the chance to get to know others in a similar situation to my own. Financially, they have provided significant help throughout my time at school and university which also gave me the chance to go on a student exchange to France!

**Can you tell us about your current University studies and your future career plans?**

I am in the final year of my Psychology Degree and next year I hope to begin a Masters in Social Work. In the future, I would hope to work in child protection or a similar field.

**Can you tell us why you chose to do Run 4 Blue and why others should become involved?**

I chose to take part in Run 4 Blue as a way to give back to SA Police Legacy after all the years they have supported me. Not only is it a great way to stay active, it also supports a fantastic cause — which makes it all the more worthwhile. I encourage anyone to sign up to Run 4 Blue as you will be making an enormous difference in the lives of many.



Photo: Jayne and Meghan Keane



## MEET BOARD DIRECTOR KELLIE HALL

**Tell us about yourself**

I have spent 16 years in SAPOL with my career spent mostly in country locations. In my spare time I enjoy socialising with my family and friends. My passions outside of work include travel, exercise, reading and the odd glass of red wine.

**Tell us what SA Police Legacy means to you?**

I am passionate about looking after the policing family and being a part of Police Legacy is a wonderful opportunity to be there for individuals and families in their greatest times of need. Police Legacy not only responds in times of crisis, but we are also there for members into the future, supporting families and children to have ongoing opportunities for education, training, social networking and travel experiences.

**Why did you want to join the board?**

I have been on the SA Police Legacy Board for about a year. Being the delegate for the Commissioner of Police was the catalyst for becoming a member however I am so grateful for the opportunity to support SAPOL families.

**What difference do you hope to make whilst on the board?**

I am working to ensure that Police Legacy can continue to support families now and into the future.



## POST TRAUMATIC STRESS DISORDER

Post-traumatic stress disorder (PTSD) is a particular set of reactions that can develop in people who have been through a traumatic event which threatened their life or safety, or that of others around them. This could be a car or other serious accident, physical or sexual assault, war or torture, or disasters such as bushfires or floods. As a result, the person experiences feelings of intense fear, helplessness or horror.

### What are the signs & symptoms of PTSD?

People with PTSD often experience feelings of panic or extreme fear, similar to the fear they felt during the traumatic event. A person with PTSD experiences four main types of difficulties.

**Re-living the traumatic event** – The person relives the event through unwanted and recurring memories, often in the form of vivid images and nightmares. There may be intense emotional or physical reactions, such as sweating, heart palpitations or panic when reminded of the event.

**Being overly alert or wound up** – The person experiences sleeping difficulties, irritability and lack of concentration, becoming easily startled and constantly on the lookout for signs of danger.

**Avoiding reminders of the event** – The person deliberately avoids activities, places, people, thoughts or feelings associated with the event because they bring back painful memories.

**Feeling emotionally numb** – The person loses interest in day-to-day activities, feels cut off and detached from friends and family, or feels emotionally flat and numb.

It's not unusual for people with PTSD to experience other mental health problems at the same time. These may have developed directly in response to the traumatic event or have followed the PTSD. These additional problems, most commonly depression, anxiety and alcohol or drug use, are more likely to occur if PTSD has persisted for a long time.

### How common is PTSD and who experiences it?

Anyone can develop PTSD following a traumatic event, but people are at greater risk if the event involved deliberate harm such as physical or sexual assault or they have had repeated traumatic experiences such as childhood sexual abuse or living in a war zone. Apart from the event itself, risk factors for developing PTSD include a past history of trauma or previous mental health problems, as well as ongoing stressful life events after the trauma and an absence of social supports. Around 12 per cent of Australians will experience PTSD in their lifetime.

### What treatments are available for PTSD?

Many people experience some of the symptoms of PTSD in the first couple of weeks after a traumatic event, but most recover on their own or with the help of family and friends. For this reason, treatment does not usually start until about two weeks after a traumatic experience. Even though formal treatment may not commence, it is important during those first few days and weeks to get whatever help is needed.

Support from family and friends is very important for most people. Trying, as far as possible, to minimise other stressful life experiences allows the person to focus more on his/her recovery. If a person feels very distressed at any time after a traumatic event, he/she should talk to a doctor or other health professional. If a person experiences symptoms of PTSD that persist beyond two weeks, a doctor or a mental health professional may recommend starting treatment for PTSD.

Effective treatments are available. Most involve psychological treatment (talking therapy), but medication can also be prescribed in some cases. Drug treatments are not recommended within four weeks of symptoms appearing unless the severity of the person's distress cannot be managed by psychological means alone. Generally, it's best to start with psychological treatment rather than use medication as the first and only solution to the problem.

Source: [www.beyondblue.org.au/the-facts/anxiety/types-of-anxiety/ptsd](http://www.beyondblue.org.au/the-facts/anxiety/types-of-anxiety/ptsd)

### Flinders University Post Traumatic Stress Clinic Free Treatment Trial



Flinders University Post traumatic Stress Clinic is currently running two treatment trials providing therapy free of charge to participants.

The Post traumatic Stress Clinic offers evidence-based therapies for post traumatic stress (typically cognitive-behavioural, eg Cognitive Processing Therapy). In accordance with best practice, they conduct a comprehensive assessment to ensure the therapy offered is appropriate to address an individual's specific post-trauma needs and monitor progress throughout therapy with brief questionnaires. The therapies are offered in the context of research trials where they investigate how to make existing therapies more effective.

To find out more about these trials and see if you may be eligible to participate please visit their website: [www.flinders.edu.au/engage/community/clinics/posttraumatic-stress-clinic](http://www.flinders.edu.au/engage/community/clinics/posttraumatic-stress-clinic)

# WHAT HAVE OUR YOUNG LEGATEES BEEN UP TO?

## Young Legatee Wellbeing Grant

Our Young Legatee Wellbeing Grant, funded by Cops for Kids continues to be popular. Our Young Legatees have used the grant for a diverse range of items and activities including laptops, ipads, dance lessons, roller skating, volleyball, soccer, football, swimming, fishing, gym memberships, Taekwondo, motorbike accessories, car restoration and more. We'd like to say a big 'Thanks' to Cops for Kids for your continued support.

## New Year Party

In February the Young Legatees New Year Party was enjoyed by our young families. It was a fun afternoon at Mega Courts which included a Parents Vs Kids soccer game, SAPOL dog squad demonstration, a chance to sit on a Police Motorbike and lots of fun and food.



Young Legatee Kira – Cheer Squad

## FACEBOOK GROUP

Did you know we have a Facebook group for police legatees, retired and serving SAPOL officers and others in the police family?

We regularly share information and stories and it's a little more personal than our main page. Join us by searching "SA Police Legacy Community".

## 2021 TRIPLE O CHARITY BALL

Sat 27th November | 6pm  
William Magarey Room, Adelaide Oval

PROUDLY SUPPORTING



Australian Professional Firefighters Foundation



Enjoy a black tie event with 3 course meal, drinks package, live music, raffles, auctions & more!

# ARE YOU DONATING TO POLICE LEGACY?

## Serving Members

If you're not sure if you are donating to SA Police Legacy please check your payslip. It's easy to donate – you can update your contributions through the SAPOL HR21 system or contact us at [info@policelegacysa.org.au](mailto:info@policelegacysa.org.au). If you increase your fortnightly contribution to \$5 or more you will receive a free Bluetooth speaker!

## Retired Members

Our support to police officers and their families does not end when you retire. It isn't something anyone likes to think about, but should something happen to you, we will be there to support your loved one. Thank you to our many retired members who continue to support us. If you are not donating, please consider doing so. You can donate \$1 or more per fortnight or pay a one-off \$100 life membership fee. Contact us at [info@policelegacysa.org.au](mailto:info@policelegacysa.org.au).

"As a founding member of SA Police Legacy one wishes to be assured funds provided make a difference. At a recent gathering speaking with a legatee about their experience with SA Police Legacy, the legatee was praiseworthy of the support they had received over the years which included, in a financial sense; education expenses including laptop computers replaced regularly, driving school expenses, and financial grants including assistance with exchange student costs with a lengthy European stay. Personal matters included recognition at significant times and anniversaries. Having a resource for personal consultation was also appreciated. This information confirmed for me that my funds were well placed."

- Charlie Rumbelow,  
Retired Sergeant and founder  
SA Police Legacy



"I contribute to SA Police Legacy because they are a wonderful organisation who assist members and their families when needed most. We are blessed to live in the best country in the world with a very high standard of living and facilities available, but you never know when something random can happen to upset this balance. This is where SA Police Legacy step in and do a fantastic job. Keep up the great work! Thank you." - Sharon, Police Escorts, SAPOL

"Ticking the SA Police Legacy box to continue contributions on retirement didn't really require any thought, I would do anything to help out the wonderful people I have worked with over the last 34 years."

- Steve Wuttke, 'Middle-aged Pensioner' (retired member)

"I donate to SA Police Legacy because I know from personal experience that it helps members and their families at a time when they are suffering the most. Financial assistance and support programs for families who have lost serving or retired members goes a long way to rebuilding people's lives and it is pleasing to know that my small contribution plays a part in that."

- Kev, Road Policing Section, SAPOL

"As Assistant Commissioner- Personnel, I was confronted with some of the more tragic outcomes of dangerous situations which we, as Police Officers face on a regular basis. This in turn, led to a better understanding of the important service provided by SA Police Legacy. I was recently reminded of this while reading information about SA Police Legacy in the Retired Police Officers Association Newsletter. I immediately added SA Police Legacy to the list of organisations that my wife, Lynette, and I support financially on a regular basis. Which we intend to continue to support on a yearly basis. I wish all involved in this important service the very best."

- John Beck, Retired Assistant Commissioner

## Secure a bank beating residential investment loan

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Police  
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Better Banking

50  
YEARS STRONG



# SUPPORT POLICE FAMILIES WITH A GIFT IN YOUR WILL

Supporting SA Police Legacy with a bequest is a powerful way to help us support police families for years to come.

Donations and bequests enable us to continue to provide valuable services, including financial assistance for children after a parent passes away, social and emotional support for those bereaved, and easing the burden on police officers facing serious illness or injury. Your gift – no matter how big or small – ensures someone is always there when police families need it most.

If you would like to include a gift to SA Police Legacy in your Will, we offer our heartfelt thanks. Please speak to your lawyer or contact us for more information.

## POLICE LEGACY MERCHANDISE

Did you know . . . SA Police Legacy raises much needed funds from our range of merchandise?

We have recently launched some exciting new products. With Father's Day fast approaching we have some great gift ideas.

Along with our Cream Labrador, Black Labrador, German Shepherd, Constable Bear, 1970's Female Bear, Outback Bear and Band Bear we have the below items available for purchase.

**PURCHASE TODAY! Head to our online shop to purchase a product and help to support Police Legacy - [policelegacysa.org.au/shop](http://policelegacysa.org.au/shop)**



Beanie \$25.00



Scarf \$25.00



Chrysler Royal SA  
Police Highway Patrol car

**\$135.00**  
Limited Edition

## SA POLICE LEGACY HONOUR ROLL

We remember those who have passed away since our last newsletter.

### Serving members

Senior Community Constable  
Bradley Amos

12 May 2021

### Retired members

Robert 'Bob' Job

23 May 2021

Godfrey 'Geoff' Blunden

1 May 2021

Colin Benson

30 April 2021

Stephen Robinson

27 April 2021

Mark Bailetti

24 April 2021

James Nixon

24 April 2021

Colin Wilson

23 April 2021

John Moran

20 April 2021

Gregory O'Brien

1 April 2021

John Davey

26 March 2021

Brenton Mart

26 March 2021

Charlie Tredrea

11 March 2021

Warren Lines

26 February 2021

Douglas Macrea

6 February 2021

Alexander Copeland

24 January 2021

Alfred Tennant

31 December 2020

Lindsay Filmer

21 December 2020

Neil Kipping

21 December 2020

Annie Burden

19 December 2020

Donald Worden

10 December 2020

Keith Oates

8 December 2020

Roland Higgins

7 December 2020

Christopher Richards

6 December 2020

Gerry Mangan

1 December 2020

### Police legatees

Joy Semmler

24 May 2021

Elizabeth Tucker

16 May 2021

Jessie Humphrys

6 May 2021

Victoria Nash

5 May 2021

Alma Goodfellow

8 April 2021

Margery Plevin

3 April 2021

Marjorie Morgan

4 March 2021

Iris Hopkins

21 January 2021

Stephanie Morrison

5 December 2020



**GO SIXTY PLUS**  
Live Life Better

## Over 60? Residing in your own home or a retirement village?

The **Go Sixty Plus** range of financial products from Police Credit Union can support and benefit you to achieve your financial needs, goals and aspirations to live life better...

- Bridge to Retirement Loans
- Lifestyle Personal Loan
- Reverse Mortgage\*
- Home Care Services Loan
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- Term Deposits

Plus, you'll also have a dedicated advisor to work with you to provide better options for your finances.

**Call 1300 131 844 or visit [policecu.com.au](http://policecu.com.au)**



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### SA POLICE LEGACY

50/81 Carrington St, Adelaide SA 5000  
PO BOX 6514, Halifax St, Adelaide SA 5000

#### Office hours:

**Monday 9-2pm, Tues-Thurs 9-4pm, Fri 9.30am-4pm**

Karen Cucchiarelli - Manager & Editor SA Police Legacy Newsletter

08 8232 5513 | 0401 399 806 | [info@policelegacysa.org.au](mailto:info@policelegacysa.org.au)

### THANK YOU TO OUR PARTNERS



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